

Doulas Without Borders presents...

SUPPORTING SURVIVORS IN BIRTH

CONFERENCE



**SPEAKER
INFORMATION**

**July 4-5 | 2020
Stretch Yoga Studio
6 Ada St
London E8 4QU**



Sheena Byrom

Sheena Byrom is a practising midwife of 40 years, having worked in the NHS for most of that time. Sheena was one of the UK's first consultant midwives, and as head of midwifery successfully helped to lead the development of three birth centres in East Lancashire. Sheena joins us to deliver her talk on 'Humanising Birth'.
www.sheenabyrom.com



Rebecca Schiller

Rebecca Schiller is an author, journalist and co-founder of the human rights charity Birthrights. She's an occasional doula, a regular contributor to the Guardian and is currently working on two new books while running writing courses and retreats for mothers. Her last book, 'Your No Guilt Pregnancy Plan' was published in 2018. Rebecca will offer a talk entitled: 'Human Rights in Childbirth: The Foundation of Support'.
www.rebeccaschiller.co.uk



Kicki Hansard

Kicki Hansard was born in Swedish Lapland, the magical land of the midnight sun and northern lights. She has worked as a birth and postnatal doula for 17 years and is currently a doula, doula trainer, antenatal course provider and author. She joins us on Saturday with her workshop: '9 Challenges in Childbirth for Survivors and Possible Solutions'.
www.birthbliss.co.uk



Dr Laura Abbott

Dr Laura Abbott qualified as a midwife in 2000 and is a Senior Lecturer in Midwifery. Laura's doctorate examined the experiences of pregnant women in prison: *The Incarcerated Pregnancy: An Ethnographic Study of Perinatal Women in English Prisons*. Dr Abbott will be presenting a talk: 'Supporting Pregnant Women & New Mothers in Prison', + Q&A with Sarah Stephen-Smith: 'How best Doulas can support pre & post custody'.



Amina Hatia

Amina is a midwife working in both the NHS and charity sector since 2005. Amina has been working since 2016 for Tommy's as one of a team of midwives who provide advice and support via the Pregnancy Information Service. Amina is a passionate advocate for women achieving the best possible birth experience. Amina will be presenting 'Perinatal Mental Health; Supporting Best Outcomes' & 'Supporting Parents Through Infant Loss'.



Maddie McMahon

Maddie is an 'accidental doula', having fallen into the role when running a publishing company and finding her feet as a new mother. Supporting new families quickly became an all-consuming passion and she became a Breastfeeding Counsellor in 2005, a doula course was born in 2007, followed by two books, 'Why Doulas Matter' in 2015 and 'Why Mothering Matters' in 2018. Maddie will be offering her talk on 'Breastfeeding Trauma: What, Why and What Now?' + a book signing.



Leila Baker

Leila has been a doula since 2014 and is a Director and Head of Membership for Doula UK. She has presented nationally at birthworker conferences and is passionate about providing support for new families in all circumstances. In autumn 2020 she will launch her doula preparation courses offering residential options on the Isle of Wight. Leila will be facilitating a discussion on 'Improving Outcomes in Black & Asian Women'.



**Kemi Johnson &
Samsara Tanner**

Kemi is a mother to 2 grown children whom she birthed and a few others that life has gifted to her.

She is an independent midwife, KG Hypnobirthing teacher and trainer and a Positive Birth Movement facilitator. She's passionately outspoken about making birth better for families with particular emphasis on those giving birth and those being born, as the positive impact on everyone's holistic health is abundantly clear and she wants everyone to know that!

Samsara is a mother of four grown children and a grandmother to three. She has been a birth and postnatal doula for nearly thirty years as well as a childbirth educator, doula trainer and KG Hypnobirthing teacher. She believes passionately that we need a renaissance in postnatal care and for women to re-invent the lost art of 'lying-in,' to allow for the deep rest needed for recovery after the intense work of childbirth.

Kemi & Samsara will be facilitating a workshop on 'Supporting Survivors of Trauma using KG Hypnobirthing'.



Kate Woods

Kate Woods has been a Doula for over 25 years, and for the last 11 has been educating and mentoring the next generation of fledgling Doulas. Kate is the founder of Doulas Without Borders having initiated the project in May 2018 and nurtured its growth into a network of over 200 people. Kate runs her practice, Conscious Birthing, teaches Trauma Informed Doula Education (TIDE) and offers RCM accredited Trauma Informed Birth Practitioner workshops. Kate will host this event.



Kay Dayton

Kay works with people recovering from various traumas, is a certified TRE (tension and trauma release exercises) provider and Brainspotting Therapy Practitioner. She arrived at this work from a place of recovery and the deep healing she experienced moved her to offer the same to others. Kay will give a brief overview of Polyvagal theory, applied within a therapeutic context and a small taster workshop on Saturday evening.
www.kaydayton.com



Tracey Ripley

Tracey worked in holistic therapies focusing on women and their well-being for 27 years before working as a Registered Midwife within a community setting. She then trained as a Health Visitor and in 2017 trained as a doula. Tracey has experience working in both affluent and deprived areas and with vulnerable women. Tracey joins us this weekend to discuss 'Transgenerational Trauma - Doulas Without Borders Cushioning the Blow'.

Plus much more to be announced...



www.doulaswithoutborders.com